



AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN

(Sponsored by AIMAN Education & Welfare Society)

(Affiliated to Bharathidasan University)

Recognized by UGC Under Section 2(f) and 12(B)

K.Sathanur, Tiruchirappalli - 620 021

Department of Nutrition and Dietetics

Organizes a webinar

on Celebrating

National Nutrition Week 2021

Friday, 3rd September 2021

11:00 am to 12:00 pm

Connect with us on

TOPIC



FEEDING SMART RIGHT FROM START



GUEST SPEAKER

Mrs. T. BHUVANESHWARI

DISTRICT PROJECT OFFICER

INTEGRATED CHILD DEVELOPMENT SERVICES

TRICHY.




PRINCIPAL

AIMAN COLLEGE OF ARTS AND SCIENCE FOR WOMEN, TRICHY-21

DEPARTMENT OF NUTRITION AND DIETETICS

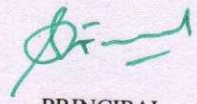
NATIONAL NUTRITION WEEK 2021 - 03.09.2021

National Nutrition Week is observed every year from September 1st to 7th. The week is observed to raise awareness about health and nutrition. As a part of celebration, we conducted a webinar on 03.09.2021 on the topic titled "Feeding Smart Right from the Start" Mrs. T. Bhuvaneshwari, District Project Officer, Integrated Child Development Services, Trichy was Chief guest.

Mrs. T. Bhuvaneshwari, highlighted the facts about right food and created awareness to focus on good food, healthy body, right nutrition, and right lifestyle to adolescent girls. She also imparted knowledge about the benefit of a good nutritional diet, required right from birth and educated students on the significant role of food on the overall human development.

Through these initiatives, students learnt new eating habits that can help them to obtain good nutrients as nutrition plays an important role in an individual's life.

The day is observed to make people understand the significance of vital nutrients for a healthy mind, body and lifestyle.

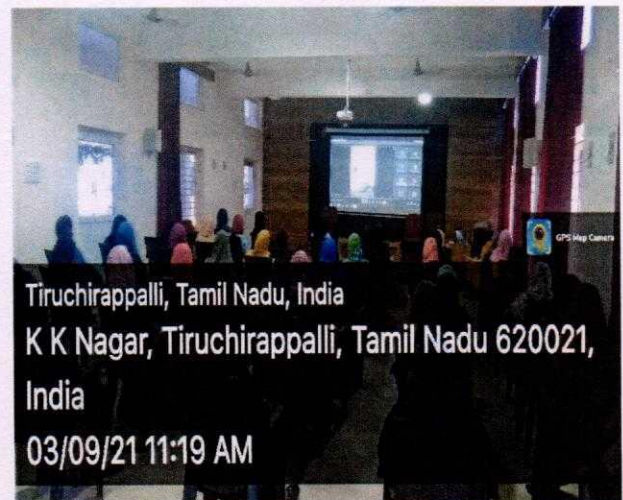

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NUTRITION WEEK CELEBRATION

DATE: 03rd SEPTEMBER

TIME: 10:00AM - 1:00 PM

VENUE: CONFERENCE HALL




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